



TITLE:

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**Effects of supplemental β -carotene on mucosal IgA induction
in the jejunum and ileum of mice after weaning**

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Abbreviations: ASC, antibody-secreting cells; pIgR, polymeric-Ig receptor; RA, retinoic acid;

RAR, retinoic acid receptor; RXR, retinoid X receptor.

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Abstract

An adequate immune system is required to prevent diarrhoea in neonates, and IgA provides protection against microbial antigens on mucosal surfaces. Although β -carotene supplementation has been expected to enhance the retinoic acid (RA)-mediated immune response in neonates, the exact mechanism of β -carotene for enhancing mucosal IgA production in small intestine is still unclear. We investigated the effect of supplemental β -carotene to weanling mice on IgA concentrations, the numbers of IgA antibody-secreting cells (ASC) and mRNA expression of IgA C-region, CCL25, retinoid X receptor (RXR) α , RA receptor (RAR) α and RAR γ in jejunum and ileum of mice. Weanling mice were fed rodent feed or 50 mg/kg β -carotene-supplemented rodent feed for 7, 14 or 21 days. IgA concentrations and the numbers of IgA ASC in jejunum and ileum of mice increased markedly with age, and supplemental β -carotene increased IgA concentration, the numbers of IgA ASC and mRNA expression of IgA C-region, CCL25 and RAR γ in jejunum after 14 and 21 days of treatment. Supplemental β -carotene increased the numbers of IgA ASC in ileum after 14 and 21 days of treatment, but IgA concentration in ileum was not affected by β -carotene supplementation. The mRNA expression of RXR α and RAR α in jejunum and RXR α and RAR γ in ileum after 21 days of treatment was enhanced by β -carotene supplementation. These results indicate that β -carotene supplementation to weanling mice is effective to enhance mucosal IgA induction in jejunum or ileum and that the effects are mainly due to the RA-mediated immune response.

Introduction

Mortality and morbidity of neonates continue to be major problems in humans and animals, and their most common disease is diarrhoea. Successful neonatal health depends on many factors related to management and nutrition, but improvement of the immune system is required to prevent diarrhoea. IgA is the most abundant Ig isotype in mucosal secretions and provides protection against microbial antigens on mucosal surfaces⁽¹⁻³⁾, and IgA antibodies produced from IgA antibody-secreting cells (ASC) in intestines and mammary glands are secreted mainly as dimers^(1,4). Supplemental vitamin A and β -carotene enhance the immune system of neonates⁽⁵⁻⁹⁾, and supplementation of vitamin A decreases diarrhoea and mortality in malnourished children^(10,11). In previous studies^(12,13), β -carotene supplementation to maternal mice during pregnancy and lactation increased the number of IgA ASC in mammary glands and ileum of lactating mice and enhanced IgA transfer from maternal milk to neonatal mice. However, very few IgA ASC were detected in jejunum and ileum of neonatal mice at 14 days of age and most IgA in neonatal mice may be derived from milk IgA⁽¹²⁾. Little intestinal secretions of IgA in mice at weaning could be found, and IgA rose rapidly after weaning and reached a maximum concentration at 10 weeks of age⁽¹⁴⁾. Thus, the enhancement of mucosal IgA induction is important for maintaining a normal immune system in neonates.

Gut-associated lymphoid tissue is the largest immunologic tissue in the body. Peyer's patches are the main site for the generation of IgA⁺ B cells, and plasmablasts differentiated by IgA⁺ B cells home preferentially in the gut lamina propria through the thoracic duct and blood by the expression of homing ligands and receptors⁽¹⁻³⁾. Chemokines are transmembrane proteins that play important roles in innate and acquired immunity⁽¹⁵⁻¹⁷⁾, and chemokine ligand CCL25 is selectively expressed in small intestine and its receptor CCR9 is expressed by almost all T cells in small intestine and a fraction of IgA ASC⁽¹⁸⁾. The interplay of CCL25 and CCR9 is likely to have a significant role in the recruitment of developing thymocytes⁽¹⁹⁾, and the selective expression of

61 CCL25 in the small bowel underlies the homing of CCR9⁺ intestinal memory T cells to the small
62 bowel⁽²⁰⁾.

63 Vitamin A metabolite, all-*trans* retinoic acid (RA), plays important roles in gut immunity and
64 RA is necessary for the imprinting of gut-homing specificity on T cells and the induction of
65 gut-homing receptors on B cells and IgA ASC^(16,17). Several effects of carotenoids are thought to
66 be mediated by their metabolism to vitamin A and subsequent mediation of RA receptor (RAR)
67 and retinoid X receptor (RXR) response pathways⁽⁷⁾. RA is a highly potent activator of RAR and
68 RXR and influences the transcription of various retinoid response genes by activation of these
69 receptors^(7,21,22). RA regulates the apoptosis of T lymphocytes through interplay between RAR and
70 RXR, but RAR α and RAR γ induce opposite effects during thymic selection⁽²³⁾. The expression of
71 RAR and RXR isotypes varies greatly in different tissues, but human lymphocytes express RXR α ,
72 RAR α and RAR γ ^(3,24). Supplemental β -carotene increased mRNA expression of IgA C-region and
73 the number of IgA ASC in ileum of lactating mice, and these effects may be mainly due to the
74 RA-mediated immune response⁽¹²⁾. However, the exact mechanism of β -carotene for enhancing
75 mucosal IgA induction in the intestines of neonates is still unclear, although β -carotene
76 supplementation has been expected to enhance RA-mediated immune response in neonates^(12, 13).

77 We investigated the effect of supplemental β -carotene to weanling mice on IgA
78 concentration, the numbers of IgA ASC and mRNA expression of IgA C-region, CCL25, RXR α ,
79 RAR α and RAR γ in jejunum and ileum of mice. The present study demonstrated that β -carotene
80 supplementation to weanling mice is effective to enhance mucosal IgA induction in jejunum or
81 ileum, because supplemental β -carotene increased IgA concentration, the numbers of IgA ASC
82 and mRNA expression of IgA C-region in jejunum and also the number of IgA ASC in ileum.
83 These effects may be mainly due to the RA-mediated immune response owing to the increased
84 mRNA expression of CCL25, RXR α , RAR α and RAR γ in jejunum and RXR α and RAR γ in
85 ileum.

86

87 **Materials and Methods**

88 *Animals and diets*

89 Male weanling ICR mice at 21 days of age (*n* 44) were purchased from Clea Japan (Tokyo, Japan).
90 They were housed in individual polycarbonate cages and maintained in an air-conditioned room
91 (24±2°C) under controlled lighting conditions (light-dark cycle, 14:10 h). They received humane
92 care in accordance with the “Regulation on Animal Experimentation at Kyoto University”
93 (Animal Research Committee, Kyoto University, revised 2007).

94 Weanling mice were randomly allocated to the control or β -carotene group at 21 days of age.
95 Mice in the control group were fed rodent feed (Oriental Yeast, Tokyo, Japan) for 7 (*n* 8), 14 (*n* 8)
96 or 21 (*n* 6) days, and mice in the β -carotene group were fed 50 mg/kg β -carotene-supplemented
97 rodent feed for 7 (*n* 8), 14 (*n* 8) or 21 (*n* 6) days. The rodent feed contained a vitamin mix and
98 vitamin A concentration was 1283 IU/100g, but β -carotene was not supplemented in the control
99 group. In the β -carotene group, β -carotene was mixed with the rodent feed at 50 mg/kg. All mice
100 were allowed free access to water and feed. Body weights and feed intake of mice were measured
101 at 7.00 hours every day.

102

103 *Sample collection*

104 Blood samples from eight mice in the control and β -carotene groups after 7 and 14 days of
105 treatment and six mice in the control and β -carotene groups after 21 days of treatment were
106 obtained by cardiac puncture under anaesthesia with Avertin (2,2,2-tribromoethanol,
107 Sigma-Aldrich Chemical, St Louis, MO, USA), and then jejunum, ileum and rectal faeces were
108 removed after euthanasia by cervical dislocation. Samples of jejunum and ileum were
109 immediately frozen in dry ice-cooled isopentane (2-methylbutane, Wako Pure Chemicals, Osaka,
110 Japan) for immunohistochemical analysis or frozen in liquid nitrogen and stored at -80°C for IgA

immunoassay and semi-quantitative RT-PCR. Blood samples were left to stand at room temperature for 1 h and then centrifuged at 3000 rpm for 15 min. The samples of serum and rectum faeces were stored at -20°C until IgA analysis.

IgA immunoassay and immunohistochemical analysis

IgA immunoassay of serum, jejunum, ileum and faeces and immunohistochemical analysis of jejunum and ileum were determined as previously described⁽¹²⁾. IgA concentration was measured using the Mouse IgA ELISA Quantitation Kit (Bethyl Laboratories, Montgomery, TX, USA) and the ELISA Starter Accessory Package (Bethyl Laboratories) according to the manufacturer's instructions. The sections obtained by immunohistochemical analysis were examined under an epifluorescence microscope (BX50, Olympus, Tokyo, Japan), and the resulting images were analysed by Image J software (National Institute of Health, Bethesda, MD, USA). IgA-positive cells in jejunum and ileum were counted in lamina propria of villi in eight randomised villi from each mouse and shown as IgA ASC/unit area of the lamina propria of villi (unit=10000 μm^2).

Semi-quantitative RT-PCR

The mRNA expressions of IgA C-region, CCL25, RXR α , RAR α and RAR γ in the jejunum and ileum were examined by semi-quantitative RT-PCR as previously described⁽¹²⁾. The relative abundance of specific mRNA was normalised by the abundance of glyceraldehyde-3-phosphate dehydrogenase (GAPDH) mRNA. The primer pairs and PCR conditions used for IgA C-region and GAPDH are the same as those in the previous study⁽¹²⁾. The primer pairs for CCL25 were as follows: forward: 5'-CCTTCAGGTATCTGGAGAGGAGATC-3', reverse: 5'-CAAGATTCTTATCGCCCTCTTCA-3'. The PCR cycles were as follows: after 95°C for 7 min to denature DNA, PCR was performed for thirty-three cycles at 94°C for 1 min, 55°C for 1 min, 72°C for 1 min, then for one cycle at 72°C for 7 min. The primer pairs for RXR α were as

136 follows: forward: 5'-GAGCAGCACTGAGGATATCAAGC-3', reverse:
137 5'-GGTCAGGTCTTTGCGTACTGTCC-3. The PCR cycles were as follows: after 95°C for 7
138 min to denature DNA, PCR was performed for thirty-five cycles at 94°C for 1 min, 57°C for 1
139 min, 72°C for 1 min, then for one cycle at 72°C for 7 min. The primer pairs for RAR α were as
140 follows: forward: 5'-AGCACCAGCTTCCAGTCAGT-3', reverse: 5'-
141 AGTGGTAGCCGGATGATTTG-3. The PCR cycles were as follows: after 95°C for 7 min to
142 denature DNA, PCR was performed for thirty-seven cycles at 94°C for 1 min, 53°C for 1 min,
143 72°C for 1 min, then for one cycle at 72°C for 7 min. The primer pairs for RAR γ were as follows:
144 forward: 5'-GGGCAAGTACACCACGAACT-3', reverse: 5'-
145 ATCCGCAGCATTAGGATGTC-3. The PCR cycles were as follows: after 95°C for 7 min to
146 denature DNA, PCR was performed for thirty-seven cycles at 94°C for 1 min, 53°C for 1 min,
147 72°C for 1 min, then for one cycle at 72°C for 7 min.

148

149 *Statistics*

150 Data are expressed as mean values with their standard error. Data from body weight and feed
151 intake were analysed by least squares ANOVA using the general linear model procedure of
152 Statistical Analysis Systems (SAS Institute, Cary, NC, USA) ⁽²⁵⁾. The model was as follows:

$$153 \quad Y_{ijk} = \mu + T_i + M_{(i)j} + D_k + TD_{ik} + e_{ijk}$$

154 where μ is the overall mean, T_i is the effect of treatment, $M_{(i)j}$ is the random variable of mice
155 nested in treatment, D_k is the effect of sampling day, TD_{ik} is the interactions and e_{ijk} is the
156 residuals. The general linear model procedure of Statistical Analysis Systems⁽²⁵⁾ was used to
157 analyse the effects of treatment or time on some variables in mice. Significance was declared at
158 $P < 0.05$.

159

Results

IgA concentration in serum and tissues

Body weight gains and feed intake of mice during 21 days of treatment as well as those of mice during 7 and 14 days of treatment (data not shown) were similar between groups (Fig. 1). IgA concentrations in jejunum of the β -carotene group were significantly higher than those of the control group after 14 ($P<0.01$) and 21 ($P<0.05$) days of treatment, but IgA concentrations in serum, ileum and faeces of mice after 7, 14 and 21 days of treatment were not affected by treatment (Fig. 2). Compared with IgA concentrations of mice after 7 days of treatment, IgA concentrations in serum ($P<0.001$) and faeces ($P<0.01$) increased after 14 and 21 days of treatment. IgA concentrations in jejunum and ileum increased ($P<0.001$) with age.

IgA ASC in tissues

The numbers of IgA ASC in jejunum of the β -carotene group were significantly higher than those of the control group after 7 ($P<0.05$), 14 ($P<0.001$) and 21 ($P<0.001$) days of treatment (Fig. 3), and those in ileum of the β -carotene group were significantly higher than those of the control group after 14 ($P<0.001$) and 21 ($P<0.05$) days of treatment. The numbers of IgA ASC in jejunum and ileum of mice increased ($P<0.001$) with age.

Expression of mRNA in tissues

The mRNA expression of IgA C-region in jejunum of the β -carotene group was significantly higher ($P<0.01$) than that of the control group after 14 and 21 days of treatment, and the mRNA expression of CCL25 in jejunum of β -carotene group after 14 ($P<0.01$) and 21 ($P<0.05$) days of treatment was significantly higher than that of the control group (Table 1). The mRNA expression of RXR α in jejunum and ileum of the β -carotene group was significantly higher ($P<0.01$) than that of the control group after 21 days of treatment. The mRNA expression of RAR α in jejunum

of the β -carotene group after 21 days of treatment was significantly higher ($P<0.05$) than that of the control group, but the mRNA expression of RAR α in jejunum of the β -carotene group after 7 days of treatment was significantly lower ($P<0.01$). The mRNA expression of RAR γ in jejunum of the β -carotene group after 14 and 21 days of treatment was significantly higher ($P<0.05$) than that of control group, and the mRNA expression of RAR γ in ileum of β -carotene group after 21 days of treatment was significantly higher ($P<0.05$). There were no significant differences in mRNA expression of IgA C-region, CCL25 and RAR α in ileum between groups.

Discussion

IgA antibodies in intestines are specific to antigens of the intestinal microflora and act to limit the penetration of commensal intestinal bacteria through the neonatal intestinal epithelium⁽²⁶⁾. The intestinal mucosa of mice after weaning is exposed to a wide variety of exogenous antigens due to the sudden change of diet and is likely to increase Ig-secreting cells⁽¹⁴⁾. Mean faecal IgA concentration in mice at weaning was 3.1 μ g/g, but faecal IgA increased rapidly until 35 days of age and thereafter remained almost constant⁽²⁷⁾. In the present study, however, IgA concentrations and the numbers of IgA ASC in jejunum and ileum of weanling mice increased rapidly with age, although IgA concentration in faeces and serum increased after 14 days of treatment and then remained constant.

Supplementation of vitamin A and carotenoids affects the immune-cell function during ontogenesis⁽²⁸⁾, and vitamin A-depleted mice show impaired IgA secretion in mucosal tissues of the small bowel⁽¹⁷⁾. In the present study, supplemental β -carotene at 50 mg/kg in the diet increased IgA concentration, the numbers of IgA ASC and mRNA expression of IgA C-region in jejunum of weanling mice after 14 and 21 days of treatment, but in ileum, supplemental β -carotene only increased the numbers of IgA ASC. On the other hand, supplementation of β -carotene at 50 mg/kg in the diet to maternal mice during pregnancy and lactation enhanced IgA

210 transfer from maternal milk to neonates owing to the increase in the numbers of IgA ASC in
211 mammary glands and ileum of maternal mice, but β -carotene supplementation had no effect on
212 the numbers of IgA ASC and mRNA expression of IgA C-region in jejunum⁽¹²⁾. In the
213 previous^(12,13) and present studies, however, β -carotene supplementation had no effect on IgA
214 concentrations in serum and faeces of neonatal and weanling mice. Thus, β -carotene
215 supplementation to weanling mice is effective to enhance mucosal IgA induction in small
216 intestine owing to the increase in the numbers of IgA ASC in jejunum and ileum, but
217 supplemental β -carotene at 50 mg/kg in the diet may have a predominant effect on jejunum IgA of
218 weanling mice.

219 IgA in intestines are secreted mainly as dimers after incorporation of the J chain and association
220 with polymeric-Ig receptor (pIgR), and the transport of IgA from IgA ASC into intestines was
221 regulated by pIgR^(1,4). In the murine small intestine, mature isolated lymphoid follicles are
222 inductive sites for the immune response and nodular lymphoid structures are observed in the distal
223 small intestine⁽²⁹⁾. On the other hand, supplementation of fructooligosaccharides to mice after
224 weaning was more effective for enhancing IgA levels in jejunum rather than in ileum and colon,
225 and supplemental fructooligosaccharides increased not only IgA but also pIgR expression in ileum
226 and colon⁽³⁰⁾. Additionally, coumestrol administration to maternal mice during pregnancy and
227 lactation increased the number of IgA ASC in mammary glands, but had no effect on milk IgA
228 and mRNA expression of pIgR in mammary glands⁽³¹⁾. These results indicate that the increased
229 jejunum IgA of weanling mice may be due to the increase of mRNA expression of IgA C-region
230 and pIgR expression by β -carotene supplementation.

231 Gut-associated lymphoid tissue dendritic cells rely on RA to induce IgA class switching, and
232 RA is essential for the imprinting of gut-homing receptors on T and B cells and contributes to IgA
233 production^(16,17). CCL25 plays essential roles in intestinal homing of IgA ASC primarily by
234 mediating their extravasation into intestinal lamina propria⁽¹⁸⁾. RA is important to induce CCR9

on activated T cells, and blocking RA-receptors decreases the induction of gut-homing receptors⁽¹⁶⁾. In the present study, supplemental β -carotene increased mRNA expressions of CCL25 and RAR γ in jejunum after 14 and 21 days of treatment and mRNA expressions of RXR α and RAR α in jejunum and RXR α and RAR γ in ileum after 21 days of treatment, although supplemental β -carotene decreased mRNA expression of RAR α in jejunum after 7 days of treatment. These results imply that the enhanced mucosal IgA induction by β -carotene supplementation is mainly due to the RA-mediated immune response owing to the increased mRNA expression of RXR α , RAR α and RAR γ in jejunum and RXR α and RAR γ in ileum, and β -carotene supplementation may influence the expression of chemokine receptor CCR9 on developing IgA ASC in jejunum.

In conclusion, the present study suggested that supplementation of β -carotene to mice after weaning is useful for enhancing mucosal IgA induction in intestines owing to the increase in IgA concentration, the numbers of IgA ASC and mRNA expression of IgA C-region in jejunum and the number of IgA ASC in ileum. Foods containing animal products and pro-vitamin A carotenoids are the primary source of vitamin A, but vitamin A deficiency is associated with an increased risk of death from common childhood infections^(3,10). Supplementation of β -carotene -enriched formulas may improve the immune system of neonates, because β -carotene was not detected in four out of eight brands of formula preparation and plasma β -carotene of formula-fed children was significantly lower than that of breast milk-fed children⁽⁶⁾. However, for children aged 1 to 3 years in the United States, the median vitamin A intake from foods and supplements was 1205 μ g of retinol activity equivalent/day and exceeded the tolerable upper level of 600 μ g/day but did not exceed the no-observed-adverse-effect level of 6000 μ g/day⁽³²⁾. Further study is needed to clarify the optimal and toxic level of β -carotene in formulas to improve the immune system of neonates.

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CONFLICTS OF INTEREST

The authors have no conflicts of interest in this paper.

AUTHORSHIP

K. N., M.S., S.I., and S.K. designed the research; K.N conducted most of the research; K.N. and S.K contributed equally to the discussion and to the writing of the manuscript.

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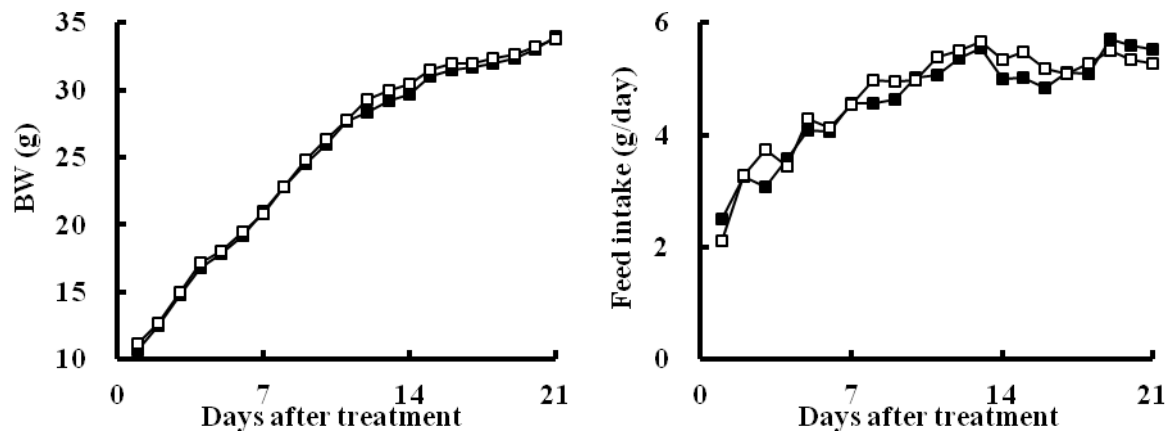
Table 1. The mRNA expression of IgA C-region, CCL25, retinoid X receptor (RXR) α , retinoic acid receptor (RAR) α and RAR γ in jejunum and ileum of the control group after 7 (*n* 8), 14 (*n* 8) and 21 (*n* 6) days of treatment and the β -carotene group after 7 (*n* 8), 14 (*n* 8) and 21 (*n* 6) days of treatment.
(Mean values with their standard errors)

		Control		β-carotene		
	Days	Mean	SE	Mean	SE	<i>P</i> value
Jejunum						
IgA mRNA/GAPDH	7	0.79	0.13	0.87	0.12	0.660
	14	0.64	0.09	1.28	0.15	0.004
	21	1.06	0.07	1.49	0.08	0.007
CCL25 mRNA/GAPDH	7	1.06	0.06	1.23	0.21	0.469
	14	0.80	0.06	1.29	0.13	0.008
	21	1.00	0.04	1.35	0.12	0.029
RXRα mRNA/GAPDH	7	1.00	0.14	1.18	0.10	0.343
	14	0.98	0.11	1.07	0.13	0.671
	21	0.97	0.05	1.57	0.10	0.007
RARα mRNA/GAPDH	7	1.27	0.11	0.79	0.08	0.006
	14	1.00	0.07	1.13	0.11	0.379
	21	1.10	0.07	1.55	0.14	0.022
RARγ mRNA/GAPDH	7	1.20	0.13	0.90	0.08	0.093
	14	0.99	0.12	1.70	0.23	0.022
	21	1.00	0.07	1.68	0.20	0.014
Ileum						
IgA mRNA/GAPDH	7	0.71	0.07	0.62	0.06	0.430
	14	1.02	0.17	1.05	0.09	0.893
	21	1.34	0.42	1.37	0.21	0.965
CCL25 mRNA/GAPDH	7	1.00	0.06	0.99	0.16	0.941
	14	1.26	0.18	1.48	0.22	0.482
	21	1.18	0.32	1.27	0.21	0.836
RXRα mRNA/GAPDH	7	1.04	0.05	1.12	0.09	0.497
	14	1.12	0.09	1.29	0.13	0.314
	21	0.79	0.10	1.32	0.10	0.005
RARα mRNA/GAPDH	7	1.04	0.07	0.98	0.05	0.580
	14	1.41	0.11	1.09	0.11	0.065
	21	1.00	0.04	1.16	0.05	0.055
RARγ mRNA/GAPDH	7	1.13	0.08	1.27	0.14	0.443
	14	1.37	0.11	1.15	0.09	0.170
	21	1.30	0.07	1.61	0.08	0.026

GAPDH, glyceraldehyde-3-phosphate dehydrogenase

The mRNA expression is represented relative to the IgA C-region, CCL25, RXR α , RAR α and RAR γ mRNA expression normalised by abundance of GAPDH mRNA.

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401 **Fig. 1.** Body weights (BW) and feed intake of the control (■; *n* 6) and β -carotene (□; *n* 6)

402 groups during 21days of treatment.

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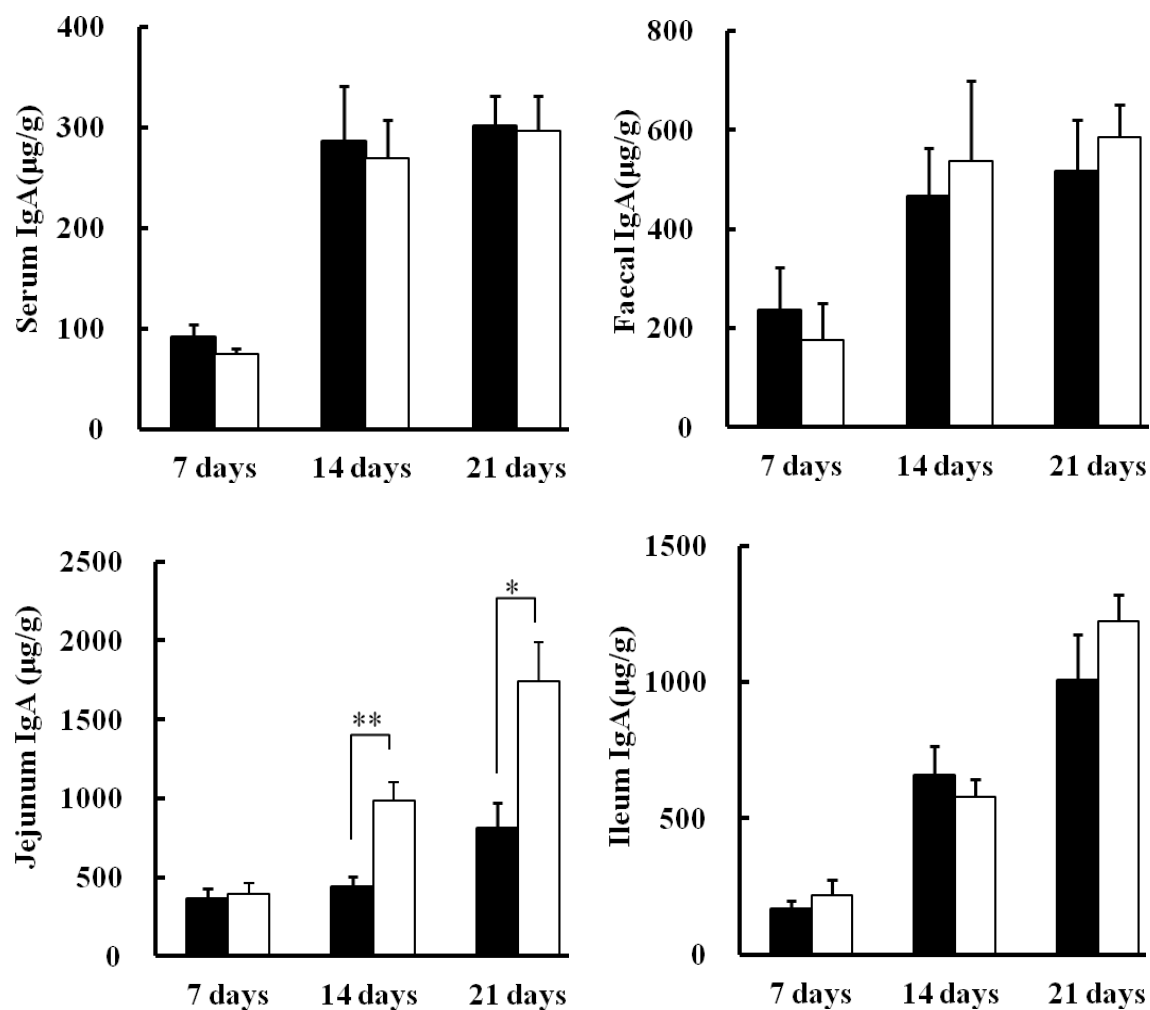


Fig. 2. IgA concentration (μg/g) in serum, jejunum, ileum and faeces of the control group (■) after 7 (*n* 8), 14(*n* 8) and 21 (*n* 6) days of treatment and the β-carotene group (□) after 7 (*n* 8), 14 (*n* 8) and 21 (*n* 6) days of treatment (Mean values with their standard errors).

**Means between control and β-carotene groups were significantly different ($P<0.01$),

*Means between control and β-carotene groups were significantly different ($P<0.05$).

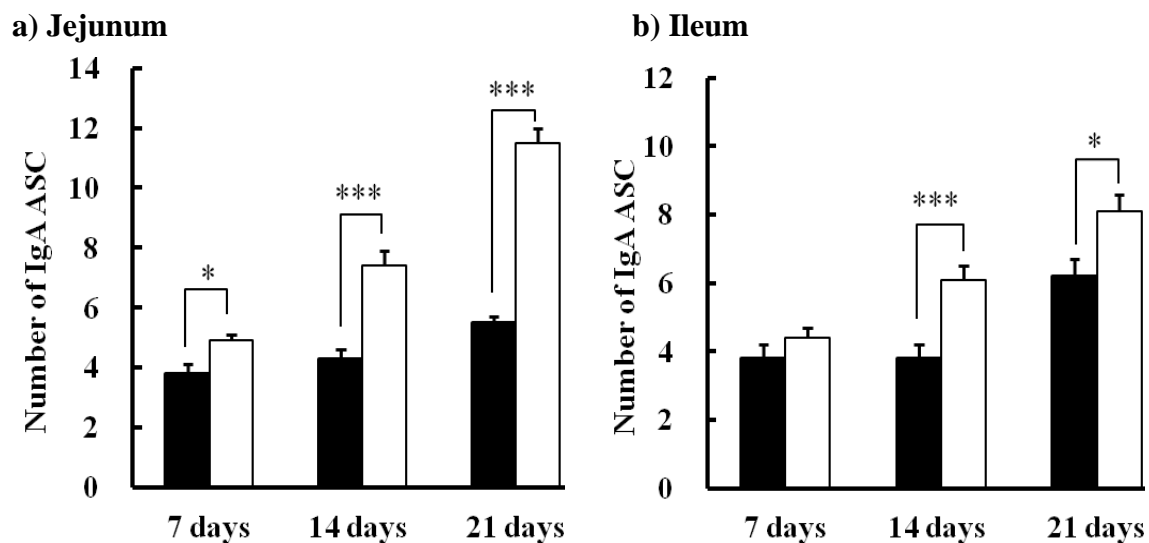


Fig. 3. The numbers of IgA antibody-secreting cells (ASC) in jejunum and ileum of the control group (■) after 7 (*n* 8), 14(*n* 8) and 21 (*n* 6) days of treatment and the β-carotene group (□) after 7 (*n* 8), 14(*n* 8) and 21 (*n* 6) days of treatment (Mean values with their standard errors).

The numbers of IgA ASC in jejunum and ileum were counted in lamina propria of villi in eight randomized villi from each mouse.

***Means between control and β-carotene groups were significantly different ($P<0.001$),

*Means between control and β-carotene groups were significantly different ($P<0.05$).